

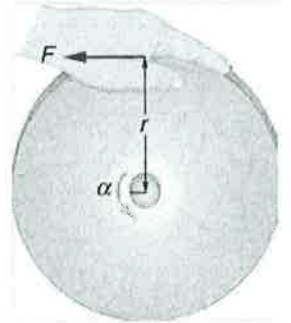
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Notes - 10.4 Rotational Kinetic Energy: Work and Energy Revisited

1. What is the kinetic energy of a rotating object?

$$K = \frac{1}{2} I \omega^2 \leftrightarrow \frac{1}{2} m v^2$$

2. A person spins a large grindstone with a radius of 0.320m by placing her hand on its edge and exerting a force of 200N through a rotation of 1.00 rad (57.3°). The rotational inertia  $I$  of a disk/cylinder is  $I = \frac{1}{2} MR^2$ .



A. How much work is done? [Remember the comparison of translational and rotation terms and equations:  $W = Fd \leftrightarrow W = \tau\theta$ ]

$$W = \tau\theta = R F \theta = (0.320\text{m})(200\text{N})(1.00\text{rad}) = \boxed{64.0\text{J}}$$

B. What is the final angular velocity if the grindstone has a mass of 85.0 kg?

[Remember to use the rotational analog of  $v^2 = v_0^2 + 2ad$ . Also,  $a = \frac{F}{m} \leftrightarrow \alpha = \frac{\tau}{I}$ .]

$$\omega^2 = \omega_0^2 + 2\alpha\theta \Rightarrow \omega = \sqrt{\omega_0^2 + 2\frac{\tau}{I}\theta}$$

$$\omega = \sqrt{0^2 + 2\frac{(0.320\text{m})(200\text{N})}{\frac{1}{2}(85.0\text{kg})(0.320\text{m})^2}(1.00\text{rad})} = \boxed{5.42 \frac{\text{rad}}{\text{s}}}$$

C. What is the final rotational kinetic energy? (It should equal the work.)

$$K = \frac{1}{2} I \omega^2 = \frac{1}{2} \left( \frac{1}{2} (85.0\text{kg})(0.320\text{m})^2 \right) \left( 5.42 \frac{\text{rad}}{\text{s}} \right)^2 = \boxed{64.0\text{J}}$$

$W = \Delta K$

3. Calculate the final speed of a solid cylinder that rolls down a 2.00-m-high incline. The cylinder starts from rest, has a mass of 0.750 kg, and has a radius of 4.00 cm.

$$K_i + U_i = K_f + U_f$$

$$0 + mgh = \frac{1}{2} I \omega^2 + \frac{1}{2} m v^2 + 0$$

$$= \frac{1}{2} \left( \frac{1}{2} m R^2 \right) \left( \frac{v}{R} \right)^2 + \frac{1}{2} m v^2 = \frac{1}{4} m v^2 + \frac{1}{2} m v^2$$

$$mgh = \frac{3}{4} m v^2 \Rightarrow v = \sqrt{\frac{4}{3} gh} = \sqrt{\frac{4}{3} (9.80 \frac{\text{m}}{\text{s}^2})(2.00\text{m})} = \boxed{5.11 \frac{\text{m}}{\text{s}}}$$