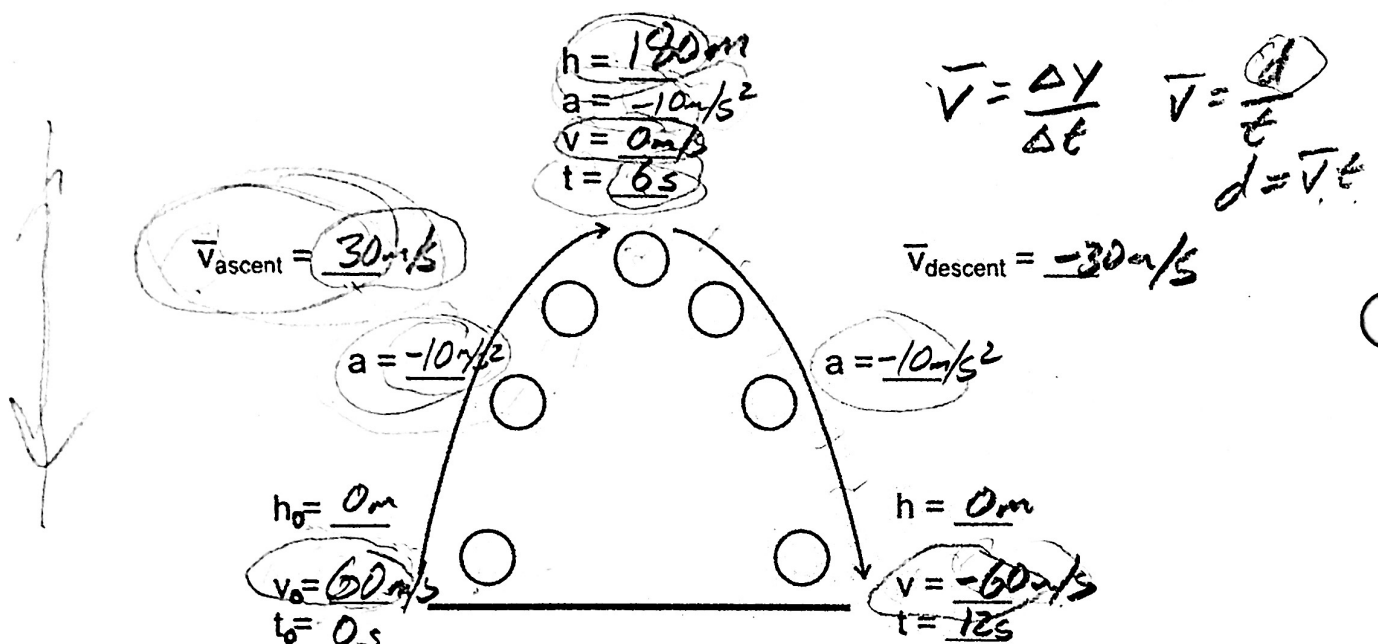


**Free-fall:** The state of being acted upon by only the force of gravity. Objects can be in free-fall if they are moving upward or downward – as long as there is no air resistance or any other force (other than gravity).

**Free-fall acceleration:**  $-9.8\text{m/s}^2$  or  $-g$ . But we will probably use  $-10\text{m/s}^2$  most of the time.

The diagram below is intended to represent an object that is launched vertically upward in the absence of air resistance (i.e. in free-fall). The diagram appears to show the ball moving sideways, but it isn't moving sideways. The apparent sideways motion is unavoidable if we're going to separate upward-moving objects from the downward-moving objects (as we need to do for clarity).

- Fill in one of the blanks in the diagram with a made-up value. Based on that value, fill in the rest. Estimate by using  $g=10\text{m/s}^2$



- Write the formula for acceleration (starting from rest), based on time and displacement:

$$a = \frac{2\Delta x}{t^2}$$

Example Problem: Starting from rest, a student travels a distance of  $6\text{m}$  in a time of  $2\text{s}$ , accelerating the entire time. What is the student's acceleration over this  $2\text{s}$  time period?

$$a = \frac{2\Delta x}{t^2} = \frac{2(6\text{m})}{(2\text{s})^2} = \frac{12\text{m}}{4\text{s}^2} = \boxed{3\text{m/s}^2}$$

3. Write the formula for displacement, based on acceleration (starting from rest) and time:

$$\Delta x = \frac{1}{2} a t^2$$

↑  
"x" means motion is horizontal.

Example Problem: If a ball is dropped in the absence of air resistance, how far does it fall during the first 3 seconds of its fall?

$$\Delta y = \frac{1}{2} a t^2 = \frac{1}{2} (-10 \text{ m/s}^2) (3 \text{ s})^2 = -5 \text{ m/s}^2 (9 \text{ s}^2)$$

Review and practice Problems:

because motion is vertical

$$\Delta y = -45 \text{ m}$$

$$\text{distance} = \boxed{45 \text{ m}}$$

4. Write the basic formulas for average velocity and acceleration.

$$\bar{v} = \frac{\Delta x}{\Delta t} \quad a = \frac{\Delta v}{\Delta t}$$

5. Starting from rest, a rubber band car travels 5m in 2.82 seconds.

- a. What is its average velocity?

$$\bar{v} = \frac{5 \text{ m}}{2.82 \text{ s}} = \boxed{1.77 \text{ m/s}}$$

- b. What is its acceleration?

$$a = \frac{2 \Delta x}{t^2} = \frac{2(5 \text{ m})}{(2.82 \text{ s})^2} = \frac{10 \text{ m}}{7.95 \text{ s}^2} = \boxed{1.26 \text{ m/s}^2}$$

6. The rubber band car travels over the last floor tile in a time of 0.076 seconds. If the distance across the floor tile is 0.305m, what is the rubber band car's average velocity during that time?

$$\bar{v} = \frac{\Delta x}{\Delta t} = \frac{0.305 \text{ m}}{0.076 \text{ s}} = \boxed{4.01 \text{ m/s}}$$

7. A runner stands motionless. Then she accelerates at a rate of  $3 \text{ m/s}^2$  for 3 seconds. How far has she traveled?

$$\Delta x = \frac{1}{2} a t^2 = \frac{1}{2} (3 \text{ m/s}^2) (3 \text{ s})^2 = 1.5 \text{ m/s}^2 (9 \text{ s}^2) = \boxed{13.5 \text{ m}}$$

8. A car speeds up from  $3 \text{ m/s}$  to  $8 \text{ m/s}$  over a time of 2 seconds. What is its acceleration?

$$a = \frac{\Delta v}{\Delta t} = \frac{5 \text{ m/s}}{2 \text{ s}} = \boxed{2.5 \text{ m/s}^2}$$

9. A ferrari SF90 can accelerate from 0-60mph in 2.0 seconds. If 60mph is  $26.8 \text{ m/s}$ ...

- a. What is the Ferrari's acceleration?

$$a = \frac{\Delta v}{\Delta t} = \frac{26.8 \text{ m/s}}{2 \text{ s}} = \boxed{13.4 \text{ m/s}^2}$$

- b. How far does the car travel in those 2 seconds?

$$\begin{aligned} \Delta x &= \frac{1}{2} a t^2 = \frac{1}{2} (13.4 \text{ m/s}^2) (2 \text{ s})^2 \\ &= 6.7 \text{ m/s}^2 (4 \text{ s}^2) = \boxed{26.8 \text{ m}} \end{aligned}$$